

How are you feeling?

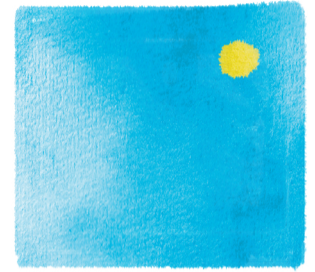
What do you need to feel a little bit better?



to calm down



to express yourself



to not feel so alone



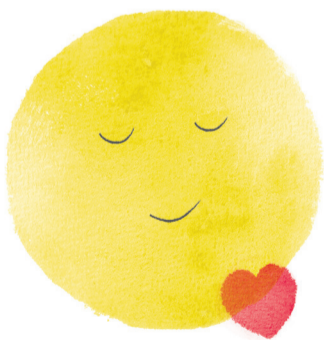
to sort out your head



to feel good enough



to like yourself



to take care of yourself



to know what to do



SOS

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